

Young Mania Rating Scale (YMRS)

<p>1. Elevated Mood</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent <input type="checkbox"/> 1. Mildly or possibly increased on questioning <input type="checkbox"/> 2. Definite subjective elevation; optimistic; self-confident; cheerful; appropriate to content. <input type="checkbox"/> 3. Elevated, inappropriate to content; humorous. <input type="checkbox"/> 4. Euphoric; inappropriate laughter; singing
<p>2. Increased Motor Activity/Energy</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent <input type="checkbox"/> 1. Subjectively increased. <input type="checkbox"/> 2. Animated; gestures increased. <input type="checkbox"/> 3. Excessive energy; hyperactive at times; restless (can be calmed). <input type="checkbox"/> 4. Motor excitement; continuous hyperactivity (cannot be calmed).
<p>3. Sexual Interest</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Normal <input type="checkbox"/> 1. Mildly or possibly increased <input type="checkbox"/> 2. Definite subjective increase on questioning. <input type="checkbox"/> 3. Spontaneous sexual content; elaborates on sexual matters; hypersexual by self-report. <input type="checkbox"/> 4. Overt sexual acts (towards patients, staff or interviewer)
<p>4. Sleep</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Reports no decrease in sleep <input type="checkbox"/> 1. Sleeping less than normal amount by up to one hour <input type="checkbox"/> 2. Sleeping less than normal by more than one hour. <input type="checkbox"/> 3. Reports decreased need for sleep <input type="checkbox"/> 4. Denies need for sleep.

<p>5. Irritability</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent <input type="checkbox"/> 1. <input type="checkbox"/> 2. Subjectively increased. <input type="checkbox"/> 3. <input type="checkbox"/> 4. Irritable at times during the interview; recent episodes of anger or annoyance on ward or in usual environment. <input type="checkbox"/> 5. <input type="checkbox"/> 6. Frequently irritable during interview; short, curt throughout. <input type="checkbox"/> 7. <input type="checkbox"/> 8. Hostile, uncooperative; interview impossible
<p>6. Speech (Rate and Amount)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent <input type="checkbox"/> 1. <input type="checkbox"/> 2. Feel Talkative <input type="checkbox"/> 3. <input type="checkbox"/> 4. Increased rate or amount at times, verbose at times. <input type="checkbox"/> 5. <input type="checkbox"/> 6. Push; consistently increased rate and amount; difficult to interrupt. <input type="checkbox"/> 7. <input type="checkbox"/> 8. Pressured; uninterruptible, continuous speech
<p>7. Language-Thought Disorder</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent. <input type="checkbox"/> 1. Circumstantial; mild distractibility; quick thoughts. <input type="checkbox"/> 2. Distractible, loses goal of thought; change topics frequently; racing thoughts. <input type="checkbox"/> 3. Flight of ideas; tangentially; difficult to follow; rhyming, echolalia. <input type="checkbox"/> 4. Incoherent; communication impossible.
<p>8. Content</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Normal <input type="checkbox"/> 1. <input type="checkbox"/> 2. Questionable plans, new interests. <input type="checkbox"/> 3. <input type="checkbox"/> 4. Special project (s); hyper-religious <input type="checkbox"/> 5. <input type="checkbox"/> 6. Grandiose or paranoid ideas; ideas of reference <input type="checkbox"/> 7. <input type="checkbox"/> 8. Delusions; hallucinations

<p>9. Disruptive-Aggressive Behaviour</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Absent, cooperative. <input type="checkbox"/> 1. <input type="checkbox"/> 2. Sarcastic; loud at times, guarded. <input type="checkbox"/> 3. <input type="checkbox"/> 4. Demanding; threats on ward. <input type="checkbox"/> 5. <input type="checkbox"/> 6. Threatens interviewer; shouting; interview difficult. <input type="checkbox"/> 7. <input type="checkbox"/> 8. Assaultive; destructive; interview impossible
<p>10. Appearance</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Appropriate dress and grooming. <input type="checkbox"/> 1. Minimally unkempt <input type="checkbox"/> 2. Poorly groomed; moderately disheveled; overdressed <input type="checkbox"/> 3. Disheveled; partly clothed; garnish make-up. <input type="checkbox"/> 4. Completely unkempt; decorated; bizarre garb
<p>11. Insight</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 0. Present; admits illness; aggress with need for treatment. <input type="checkbox"/> 1. Possibly ill. <input type="checkbox"/> 2. Admits change in behavior, but denies illness. <input type="checkbox"/> 3. Admits possible change in behavior, but denies illness. <input type="checkbox"/> 4. Denies any behavior change.

TOTAL